



# The Process

INSTITUTE FOR PERSONAL CHANGE

www.theprocessworks.org  
Tel. 650-737-1368 • Palo Alto, CA

## SCHEDULE FOR AUTUMN PROCESS 2020 September 20 – November 15, 2020 Palo Alto, CA

|                    |                         |                                   |
|--------------------|-------------------------|-----------------------------------|
| <b>WEEK ONE:</b>   | <b>Sunday, Sep 20</b>   | <b>10:00 a.m. – 6:00 p.m.</b>     |
|                    | <b>Wednesday Sep 23</b> | <b>7:30 p.m. – 10:30 p.m.</b>     |
| <b>WEEK TWO:</b>   | <b>Sunday, Sep 27</b>   | <b>1:00 p.m. – 6:00 p.m.</b>      |
| <b>WEEK THREE:</b> | <b>Sunday, Oct 4</b>    | <b>1:00 p.m. – 6:00 p.m.</b>      |
| <b>WEEK FOUR:</b>  | <b>Sunday, Oct 11</b>   | <b>2:00 p.m. – 6:00 p.m.</b>      |
| <b>WEEK FIVE:</b>  | <b>Thursday, Oct 15</b> | <b>7:00 p.m. – 10:00 p.m. *</b>   |
|                    | <b>Friday, Oct 16</b>   | <b>6:30 p.m. – 10:00 p.m.</b>     |
|                    | <b>Saturday, Oct 17</b> | <b>6:30 p.m. – 10:00 p.m.</b>     |
|                    | <b>Sunday, Oct 18</b>   | <b>11:00 a.m. – 9:00 p.m. *</b>   |
| <b>WEEK SIX:</b>   | <b>Sunday, Oct 25</b>   | <b>1:00 p.m. – 6:00 p.m.</b>      |
| <b>WEEK SEVEN:</b> | <b>Sunday, Nov 1</b>    | <b>2:00 p.m. – 5:00 p.m.</b>      |
| <b>WEEK EIGHT:</b> | <b>Sunday, Nov 8</b>    | <b>1:00 p.m. – 6:00 p.m.</b>      |
| <b>WEEK NINE:</b>  | <b>Sunday, Nov 15</b>   | <b>10:00 a.m. – 1:00 p.m.</b>     |
|                    |                         | <i>(Closure)</i>                  |
|                    | <b>Sunday, Nov 15</b>   | <b>3:00 p.m. – 5:30 p.m.</b>      |
|                    |                         | <i>(Commencement Celebration)</i> |

**PLEASE NOTE** : Ending times are approximate

\* Location may vary

*Individual sessions are included in the Process and are by arrangement with your Process therapist.*