



The Process

INSTITUTE FOR PERSONAL CHANGE

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SCHEDULE FOR SPRING PROCESS 2019 March 10 – May 5, 2019 Palo Alto, CA

WEEK ONE:	Sunday, Mar 10	10:00 a.m. – 6:00 p.m.
	Wednesday Mar 13	7:00 p.m. – 10:00 p.m.
WEEK TWO:	Sunday, Mar 17	1:00 p.m. – 6:00 p.m.
WEEK THREE:	Sunday, Mar 24	1:00 p.m. – 6:00 p.m.
WEEK FOUR:	Sunday, Mar 31	2:00 p.m. – 5:00 p.m.
WEEK FIVE:	Thursday, Apr 4	7:00 p.m. – 10:00 p.m. *
	Friday, Apr 5	7:00 p.m. – 10:30 p.m. *
	Saturday, Apr 6	7:00 p.m. – 10:30 p.m. *
	Sunday, Apr 7	11:00 a.m. – 9:00 p.m. *
WEEK SIX:	Sunday, Apr 14	1:00 p.m. – 6:00 p.m.
WEEK SEVEN:	Sunday, Apr 21	2:00 p.m. – 5:00 p.m.**
WEEK EIGHT:	Sunday, Apr 28	1:00 p.m. – 6:00 p.m.
WEEK NINE:	Sunday, May 5	10:00 a.m. – 1:00 p.m.
		<i>(Closure)</i>
	Sunday, May 5	3:00 p.m. – 5:30 p.m.
		<i>(Commencement Celebration)</i>

PLEASE NOTE : Ending times are approximate

* Location may vary

** Easter Sunday. If participants desire, session may be moved to Saturday.

Individual sessions are included in the Process and are by arrangement with your Process therapist.