



The Process

INSTITUTE FOR PERSONAL CHANGE

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SCHEDULE FOR AUTUMN PROCESS 2019 **September 22 – November 17, 2019** **Palo Alto, CA**

WEEK ONE:	Sunday, Sep 22	10:00 a.m. – 6:00 p.m.
	Wednesday Sep 25	7:30 p.m. – 10:30 p.m.
WEEK TWO:	Sunday, Sep 29	1:00 p.m. – 6:00 p.m.
WEEK THREE:	Sunday, Oct 6	1:00 p.m. – 6:00 p.m.
WEEK FOUR:	Sunday, Oct 13	2:00 p.m. – 5:00 p.m.
WEEK FIVE:	Thursday, Oct 17	7:00 p.m. – 10:00 p.m. *
	Friday, Oct 18	7:00 p.m. – 10:30 p.m.
	Saturday, Oct 19	7:00 p.m. – 10:30 p.m.
	Sunday, Oct 20	11:00 a.m. – 9:00 p.m. *
WEEK SIX:	Sunday, Oct 27	1:00 p.m. – 6:00 p.m.
WEEK SEVEN:	Sunday, Nov 3	2:00 p.m. – 5:00 p.m.
WEEK EIGHT:	Sunday, Nov 10	1:00 p.m. – 6:00 p.m.
WEEK NINE:	Sunday, Nov 17	10:00 a.m. – 1:00 p.m.
		<i>(Closure)</i>
	Sunday, Nov 17	3:00 p.m. – 5:30 p.m.
		<i>(Commencement Celebration)</i>

PLEASE NOTE : Ending times are approximate

* Location may vary

Individual sessions are included in the Process and are by arrangement with your Process therapist.